



School of Ashtanga Yoga Dublin

"The Heart of Yoga" - 1 Year Intensive Course Application

Name:.....

Address:.....

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Tel.:.....

e-mail:.....

Yoga experience:

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CONDITIONS OF PARTICIPATION

- I. Note that deposits are non-transferable and non-refundable, except in the case of cancellation by organisers.
- II. Accepting a place on the Course is a commitment to pay the FULL course Fee, irrespective of whether one completes the course or not
- III. This is NOT a Teacher Training course.
- IV. The Asana practice on this course is Ashtanga Vinyasa Primary Series.
- V. Accepting a place on the Course is a commitment to : (i) try to develop a daily practice (ii) stop at a particular asana in the Series, if asked to do so by the Tutors, and (iii) try to attend all course hours and complete all assignments prescribed by Tutors.

Signed:.....

Date:.....

On a separate sheet(s) please write a short letter of application explaining why you wish to undertake this course and send with this form to :
School of Ashtanga Yoga 1 Year Intensive, 36 Kerdiff Close, Naas, Co. Kildare.